



Strawberry-Mango Margarita Compote

- 2 cups halved or quartered hulled strawberries
- 2 cups diced mango (2 small or 1 large)
- 2 Tablespoons sugar, or to taste, plus more for dipping
- 1 teaspoon freshly grated lime zest
- 2 tablespoons lime juice
- 1 ½ tablespoons tequila
- 1 ½ tablespoons Triple Sec or other orange liqueur

Place strawberries, mango, sugar, lime zest, lime juice, tequila and liqueur in a large bowl; toss gently to combine. Let stand for 20 minutes for the flavors to meld. If desired, serve in margarita glasses: rub the rims with additional lime juice and dip in sugar, then spoon in compote. Cover and refrigerate for up to 4 hours.

Yield 4 servings

Nutritional analysis per serving: 134 calories; 0 g fat, 0 mg cholesterol; 28 g carbohydrate; 1 g protein; 3 g fiber; 3 mg sodium; 4 g alcohol

Nutrition bonus: Vitamin C (110% daily value).