



Mercy Iowa City Occupational Health  
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 mercyiowacity.org

**PHYSICAL – HEALTH HISTORY QUESTIONNAIRE**

**Patient Information:**

➤Please provide a photo ID to be scanned.

Social Security #:	Sex:	Employment Status:
Full Name:	DOB:	Employer:
Address:	Marital Status:	Address:
	Race/Ethnicity:	
City/State/Zip:	Language:	Home #:
Email:	<input type="checkbox"/> None	Cell #:
Primary Care Provider:		Work #:

**Emergency Contact:**

Name:	Language:	Cell #:
Sex:	DOB:	Home #:
Patient's relationship to Emergency Contact:		

Pharmacy:	Mothers Maiden Name:
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**Health History:** Last Tetanus \_\_\_\_ / \_\_\_\_ / \_\_\_\_  Unknown Hepatitis B Titer \_\_\_\_ / \_\_\_\_ / \_\_\_\_  Unknown

**Allergies:**  No Allergies  Medication  Food  Environmental

Please specify: \_\_\_\_\_

**Medications:** List all medicines you are **CURRENTLY** taking.

Name of Medication	Dosage	Reason
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

**Current Medical Conditions:** Please check any **CURRENT** problems or symptoms you have on the list below:

- Constitutional**
- Fevers/chills/sweats
  - Unexplained weight loss/gain
  - Change in energy/weakness
  - Frequent thirst or urination
- Eyes**
- Sensitivity to Light
  - Change in Vision
- Ears/Nose/Throat/Mouth**
- Difficult hearing/ringing in ears
  - Problems with teeth/gums
  - Hay fever/allergies
- Cardiovascular**
- Chest pain/discomfort
  - Irregular heart beat
  - High Blood Pressure

- Respiratory**
- Cough/wheeze
  - Difficulty breathing
- Gastrointestinal**
- Abdominal Pain
  - Blood in bowel movement
  - Nausea/vomiting/diarrhea
- Genitourinary**
- Nighttime urination
  - Leaking Urine
- Musculo-skeletal**
- Muscle/joint pain
  - Joint swelling
  - Joint stiffness
  - Muscle weakness

- Blood/Lymphatic**
- Easy bruising/bleeding
  - Unexplained lumps
  - Diabetes
- Neurological**
- Headaches
  - Dizziness/light-headedness
  - Numbness
  - Memory Loss
  - Loss of Coordination
- Psychiatric**
- Anxiety/stress
  - Problems with sleep
  - Depression
- Other**
- \_\_\_\_\_

## PHYSICAL – HEALTH HISTORY QUESTIONNAIRE

**Past Medical History:** Have you **EVER** had... Check all that apply.

- |   |   |  |  |
|---|---|--|--|
| <input type="checkbox"/> Eye Problems/Foreign Body      | <input type="checkbox"/> High Blood Pressure                                | <input type="checkbox"/> Joint Replacement     | <input type="checkbox"/> Migraines             |
| <input type="checkbox"/> Color Blindness                | <input type="checkbox"/> Liver Problems                                     | <input type="checkbox"/> Arthritis             | <input type="checkbox"/> Seizures              |
| <input type="checkbox"/> Ear or Hearing Problems        | <input type="checkbox"/> Jaundice   | <input type="checkbox"/> Cancer                | <input type="checkbox"/> Sports Injuries       |
| <input type="checkbox"/> Nutrition Problems             | <input type="checkbox"/> Hepatitis  | <input type="checkbox"/> Radiation/Chemo       | <input type="checkbox"/> Muscle Problems       |
| <input type="checkbox"/> Nose Problems                  | <input type="checkbox"/> Stomach Problems                                   | <input type="checkbox"/> Carpal Tunnel         | <input type="checkbox"/> Sprains or Strains    |
| <input type="checkbox"/> Mouth/Oral Problems            | <input type="checkbox"/> Stomach Ulcers                                     | <input type="checkbox"/> Diabetes              | <input type="checkbox"/> Any Prior Work Injury |
| <input type="checkbox"/> Lung Problems                  | <input type="checkbox"/> Colitis  | <input type="checkbox"/> Gout                  | <input type="checkbox"/> Chiropractic Care     |
| <input type="checkbox"/> Lung Infection                 | <input type="checkbox"/> Urinary Problems                                   | <input type="checkbox"/> Hay Fever             | <input type="checkbox"/> Tendonitis            |
| <input type="checkbox"/> Asthma                         | <input type="checkbox"/> Kidney/Bladder Infection                           | <input type="checkbox"/> Hives                 | <input type="checkbox"/> Depression            |
| <input type="checkbox"/> Emphysema                      | <input type="checkbox"/> Kidney Disease                                     | <input type="checkbox"/> Neurological Problems | <input type="checkbox"/> Anxiety               |
| <input type="checkbox"/> Pacemaker/Stent                | <input type="checkbox"/> Kidney Stones                                      | <input type="checkbox"/> Head/Spine Problems   | <input type="checkbox"/> Substance Abuse       |
| <input type="checkbox"/> Angina/Chest Pain              | <input type="checkbox"/> Bleeding Problems                                  | <input type="checkbox"/> Prior Back Strains    | <input type="checkbox"/> Hernia                |
| <input type="checkbox"/> Heart Disease                  | <input type="checkbox"/> Skin Problems                                      | <input type="checkbox"/> Ruptured Disc         | <input type="checkbox"/> Loss of Consciousness |
| <input type="checkbox"/> Metal in any part of your body | <input checked="" type="checkbox"/> <b>Normal Health, NONE OF THE ABOVE</b> |  |  |

Please explain: \_\_\_\_\_  
 \_\_\_\_\_

**Serious Injuries, Illness, Hospital Stays Or Operations:** List and give dates.

\_\_\_\_\_  
 \_\_\_\_\_

**Family Medical History:** Please describe medical history in your family (If deceased, list cause of death and age):

Mother \_\_\_\_\_

Father \_\_\_\_\_

Sisters \_\_\_\_\_

Brothers \_\_\_\_\_

**Social & Work History:**

For this job are you: Full Time Part Time Temporary Start Date: \_\_\_\_\_

Type of Job/Position: \_\_\_\_\_

Please list in order all jobs including military and farming. This information is used to determine the type of work you have done in the past.

Start	End	Employer	Job duties
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Are you working elsewhere in addition to this job? \_\_\_\_\_

What are your hobbies? \_\_\_\_\_

Are you currently a smoker?  Yes  No

Circle if you have **EVER** smoked: Cigarettes Pipe Cigar Chewing Average packs/day: \_\_\_\_\_ How Many Years? \_\_\_\_\_

Vaped How long: \_\_\_\_\_ How often: \_\_\_\_\_

How often do you drink alcoholic beverages? (Circle one) Never Seldom Weekends  
 Type of alcoholic beverage normally consumed? (Circle one) Wine Beer Other \_\_\_\_\_ Amount per time \_\_\_\_\_

**Work Related Health History:** Please check all that you have been exposed to during work or hobby activity.

- |                                    |  |                                       |   |  |
|------------------------------------|--|---------------------------------------|---|--|
| <input type="checkbox"/> Ammonia   | <input type="checkbox"/> Cold (severe)         | <input type="checkbox"/> Ketones      | <input type="checkbox"/> Pesticides     | <input type="checkbox"/> Vibration     |
| <input type="checkbox"/> Asbestos  | <input type="checkbox"/> Excessive dust        | <input type="checkbox"/> Lasers       | <input type="checkbox"/> Silica sand    | <input type="checkbox"/> Welding fumes |
| <input type="checkbox"/> Beryllium | <input type="checkbox"/> Fiberglass            | <input type="checkbox"/> Lead         | <input type="checkbox"/> Solvents       | <input type="checkbox"/> X rays        |
| <input type="checkbox"/> Cadmium   | <input type="checkbox"/> Heat (severe)         | <input type="checkbox"/> Mercury      | <input type="checkbox"/> Spray painting | <input type="checkbox"/> Other         |
| <input type="checkbox"/> Coal dust | <input type="checkbox"/> Isocyanates/urethanes | <input type="checkbox"/> Noise (loud) | <input type="checkbox"/> Styrene        |  |

## PHYSICAL – HEALTH HISTORY QUESTIONNAIRE

Have you developed or had any known health problems due to your present or past employment? (Include: injuries, illnesses, and possible allergies).

No  Yes, Explain: \_\_\_\_\_

Previously filed a workers compensation claim?

No  Yes, Explain: \_\_\_\_\_

Previously received an impairment rating or permanent work restriction?

No  Yes Explain: \_\_\_\_\_

Been off work for more than 3 days because of an illness or injury related to work?

No  Yes Explain: \_\_\_\_\_

Changed jobs or work assignments because of a health problem or injury?

No  Yes Explain: \_\_\_\_\_

Worked with a substance which caused you to break out in a rash?

No  Yes Explain: \_\_\_\_\_

Worked with a substance which caused trouble breathing? (cough, shortness of breath, wheezing, etc)

No  Yes Explain: \_\_\_\_\_

Been treated for psychiatric, alcohol or drug related illnesses?

No  Yes Explain: \_\_\_\_\_

Had any type of reaction when wearing latex gloves?

No  Yes Explain: \_\_\_\_\_

Do you experience pain/discomfort in your back or have you been under a doctor/chiropractor's care for back problems?

No  Yes Explain: \_\_\_\_\_

Do you experience pain or discomfort in your neck, shoulder, elbow, wrist or hand such as tendonitis, carpal tunnel syndrome or have you been under a doctor's care for such problems?

No  Yes Explain: \_\_\_\_\_

Do you have a hobby, craft or business that you do outside of this job?

No  Yes Explain: \_\_\_\_\_

Do you use any assistive devices such as prostheses, braces, artificial limbs, artificial eye, cane, or hearing aid?

No  Yes Explain: \_\_\_\_\_

Have any known physical or mental impairments, limitations, or disabilities?

No  Yes Explain: \_\_\_\_\_

Do you feel safe at home?  No  Yes

Do you know where to go for help if you were experiencing violence in your home?  No  Yes

**Attestation:** I certify that the above answers are true and correct to the best of my knowledge. **Any deliberate falsification of a response may be grounds for dismissal by the employer.** **Initial:** \_\_\_\_\_

**Authorization To Release:** I hereby authorize my physician and/or records acquired during the course of examination or treatment of the work-related injury/illness identified above to my employer, their insurance carrier, case manager or designated representative for the purpose of coverage determination and processing payment/insurance claims. **Initial:** \_\_\_\_\_

**Financial Policy:** I hereby authorize payment for charges incurred for services rendered by «PracticeName», directly to the physician and/or «PracticeName». I realize any non-covered services will be my responsibility. **Initial:** \_\_\_\_\_

**Patient Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Provider Comment:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Provider Signature:** \_\_\_\_\_ **Time:** \_\_\_\_\_