

PSYCHIATRIC MEDICATION MANAGEMENT IOWA CITY

Mercy Psychiatry Clinic

Medicaid accepted
2055 Oakdale Blvd, Coralville, 52241
319-338-1324

University of Iowa Hospitals

Medicaid accepted
200 Hawkins Dr, Iowa City, 52240
Adult: 319-353-6314
Child/Adolescent: 319-356-1188

University of Iowa Student Health

4189 Westlawn South, Iowa City, 52242
319-335-8370

Iowa VA Health Care System

601 Highway 6 West, Iowa City, 52246
319-338-0581

Abbe Center Iowa City

Accepts Medicaid, new clients are seen during walk-in hours: Mondays and Thursdays 9:30-11:30 am, Tuesdays 1:30-3:30 pm, must bring ID and insurance card.
1039 Arthur St, Iowa City, 52240
319-338-7884

Meadowlark Psychiatry Services

320 W Cherry St, North Liberty, 52317
319-626-3300

Psychiatric Associates

673 Westbury Dr, Ste 201, Iowa City, 52245
319-356-6352

Dr. Robert Wesner

103 E College St, Ste 220, Iowa City, 52240
319-351-8281

Counseling and Health Center

One ARNP available for medication management on Friday afternoons
Amerihealth and Amerigroup Medicaid accepted, UHC Medicaid not accepted
616 E Bloomington St, Iowa City, 52245
319-337-6998

Gersh, Hartson, Payne, Hoffman & Associates

One provider for medication management, Dr. David Wilitiz, sees both children and adults
373 Scott Ct, Suite A, Iowa City, 52245
319-338-9960

Hope Springs Behavioral Consultants

1303 5th St. #202, Coralville, 52241
319-358-6520

Virtue Medicine

One provider for medication management, Dr. Janeta Tansey

Does not accept any insurance, out of pocket costs (~\$400 initial appointment, ~\$160 for following appointments)
221 E College St, Suite 212, Iowa City, 52240
319-338-5190

COUNSELING IOWA CITY AREA

University of Iowa Hospitals

200 Hawkins Dr, Iowa City, 52240
Adult: 319-353-6314
Child/Adolescent: 319-356-1188

University Counseling Services

3223 Westlawn South, Iowa City, 52242
319-335-7294

Abbe Center Iowa City

Accepts Medicaid, new clients are seen during walk-in hours: Mondays and Thursdays 9:30-11:30 am, Tuesdays 1:30-3:30 pm, must bring ID and insurance card.
1039 Arthur St, Iowa City, 52240
319-338-7884

Psychiatric Associates

673 Westbury Dr, Ste 201, Iowa City, 52245
319-356-6352

Meadowlark Psychiatry Services

320 W Cherry St, North Liberty, 52317
319-626-3300

Anderson, Arnold, & Partners

209 E Washington St, Ste 202, Iowa City, 52240
319-354-3232

Counseling Center of Iowa City

Accepts Medicaid
3030 Northgate Dr, Ste E, Iowa City, 52245
319-337-6483

Gersh, Hartson, Payne, & Associates

373 Scott Ct, Ste A, Iowa City, 52245
319-338-9960

Gisolfi, Hayek, Ruyle, & Schut

123 N Linn St, Ste 2A, Iowa City, 52245
319-337-3357

Eastwind Healing Center

221 E College St, Ste 211, Iowa City, 52240
319-337-3313

Hope Springs Behavioral Consultants

1303 5th St, Ste 202, Coralville, 52241

319-358-6520

Hetherington & Associates

123 N Linn St, Ste 2D, Iowa City, 52245
319-331-3392

Counseling and Health Center

616 E Bloomington St, Iowa City, 52245
319-337-6998

Okerberg & Associates

1785 Curtis Bridge Rd NE, North Liberty, 52317
319-665-2008

Eastern Iowa Psychology Group

325 E Washington St, Ste 301, Iowa City 52240
319-358-9397

Corridor Christian Counseling Center

655 Liberty Way, Ste 6, North Liberty, 52317
319-665-2137

Turning Point Counseling & Psychotherapy

757 W Benton St, Iowa City, 52246
319-339-4757

Coralville Family Counseling

1754 5th St, Coralville, 52241
319-338-1052

Wieland/Kerns Therapy Association

511 Iowa Ave, Iowa City, 52240
319-354-8906

Keys to Living Christian Counseling

332 S Linn St, Suite 23 and 33, Iowa City, 52240
319-377-2161

Kathryn Kennedy

920 S Dubuque St, Iowa City, 52240
319-321-7814

Pat McArtor, LMHC, MA

Accepts Medicaid
1700 S 1st Ave, Ste 21D, Iowa City, 52240
319-499-8815

PSYCHIATRIC MEDICATION MANAGEMENT CEDAR RAPIDS AREA

Abbe Center

Accepts Medicaid, new clients seen during walk-in hours: 8:30-11:30am Monday-Friday, 2-4pm Monday and Tuesday, 2-5:30pm Wednesday
520 11th St NW, Cedar Rapids, 52405
319-398-3562

Mercy Outpatient Psychiatry

701 10th St SE, Cedar Rapids, 52403
319-369-4777

St. Luke's Outpatient Behavioral Clinic

1026 A Ave NE, Cedar Rapids, 52402
319-369-7959

Associates for Behavioral Care

1510 Boyson Rd, Hiawatha, 52233
319-369-1066

Cedar Centre Psychiatric Group

Accepts UHC Medicaid
1730 1st Ave NE, Cedar Rapids, 52402
319-365-3993

Covenant Family Solutions

3047 Center Point Road NE, Suite B, Cedar Rapids 52402
319-261-2292

COUNSELING CEDAR RAPIDS AREA**Abbe Center**

Accepts Medicaid, new clients seen during walk-in hours:
8:30-11:30am Monday-Friday, 2-4pm Monday and Tuesday, 2-5:30pm Wednesday
520 11th St NW, Cedar Rapids, 52405
319-398-3562

Cedar Centre Psychiatric Group

Accepts UHC Medicaid
1730 1st Ave NE, Cedar Rapids, 52402
319-365-3993

Mercy Outpatient Psychiatry

701 10th St SE, Cedar Rapids, 52403
319-369-4777

St. Luke's Outpatient Behavioral Clinic

1026 A Ave NE, Cedar Rapids, 52402
319-369-7959

St. Luke's Family Counseling Center

1077 N Center Point Rd, Hiawatha, 52233
319-369-7952

Associates for Behavioral Care

1510 Boyson Rd, Hiawatha, 52233
319-369-1066

Horizons – A Family Service Alliance

819 5th St SE, Cedar Rapids, 52406
877-653-3123

MENTAL HEALTH CRISIS LINES

Iowa Help Line

Crisis line and texting available 24/7
1-855-800-1239

Johnson County Crisis Center

1121 S Gilbert Ct, Iowa City, 52240
24-hour crisis line 319-351-0140
Mobile Crisis Outreach for in-person support, crisis beds (1-5 days) available: 855-800-1239
Crisis chat <http://www.iowacrisischat.org/>
Chat available 2 pm-2 am, and youth crisis chat available 24/7

Foundation 2 Crisis Center

1714 Johnson Ave NW, Cedar Rapids, 52405
Crisis line available 24/7, texting available M-F 9am-3pm
Mobile Crisis Outreach also available: will provide in-person crisis support within 60 mile radius of Cedar Rapids, Iowa City, and Dubuque
1-800-332-4224

Veterans Crisis Line

24-hour crisis line
1-800-273-8255
Online chat <https://www.veteranscrisisline.net/ChatTermsOfService.aspx>
For texting, send a text to 838255

NEDA

National Eating Disorder Crisis Lines
Helpline 1-800-931-2237
For texting, text "NEDA" to 741741
Available M-Th 9am-9pm, Fri 9am-5pm

ADDICTION & SUBSTANCE ABUSE SELF HELP

Iowa's Drug and Alcohol Help Line

Assistance with finding treatment, run through DHS
Drugfreeinfo.org
Email: igtp@idph.iowa.gov
24/7 Helpline 1-866-242-4111

Iowa Gambling Treatment Program

State-wide help line, can assist with finding a treatment provider
<https://1800betsoff.org/>
1-800-BETS OFF (1-800-238-7633)

Poison Control

401 Douglas Street, Ste. 501
Sioux City, IA 51101
24/7 emergency line
1-800-222-1222

Alcoholics Anonymous

www.aa.org
Iowa City AA Website <http://www.aa-ic.org/>
Iowa City meetings list <http://www.aa-iowa.org/index.php?id=4>

Iowa City's 24 hour hotline 319-338-9111

Al-Anon

Support for family/friends impacted by an individual's drinking
Alateen group is available for teenagers
Can find a local meeting at al-anon.org or call:
1-888-425-2666

Narcotics Anonymous

Find a local meeting at <http://iowa-na.org/>
1-800-897-6242

Quitline Iowa

Smoking cessation program
<https://iowa.quitlogix.org/>
1-800-784-8669

ADDICTION & SUBSTANCE ABUSE TREATMENT

University of Iowa Hospitals Chemical Dependency Services

Outpatient treatment, must call to schedule an assessment first
200 Hawkins Dr, Iowa City, 52240
319-384-8765

Prelude Behavioral Services

Outpatient and residential treatment available
Substance use evaluations done on walk-in basis:
M and Th 9am-noon, T and W noon-3pm, F 10am-1pm
430 Southgate Ave, Iowa City, 52240
319-351-4357

Synchrony Services

Associated with Prelude, offers treatment for gambling
438 Southgate Ave, Iowa City, 52240
319-351-9072

Sedlacek Treatment Center

Detox and outpatient addiction services
5975 Rockwell Dr NE, Cedar Rapids, 52402
319-398-6226

Alcohol and Drug Dependency Services

Residential, outpatient, and gambling treatment options
<http://www.addsiowa.org/>
Closest location is Bettendorf 563-322-1036
Other locations at Burlington, Mt. Pleasant, Keokuk, Wapello, Ottumwa

Center for Alcohol and Drug Services

Residential and outpatient treatment options
Outpatient: Davenport 563-322-2667
Outpatient & Methadone clinic: Rock Island 309-788-4571
Residential: Davenport 563-326-1150
Administrative Office
Bettendorf, IA 52722
563-332-8974

Area Substance Abuse Council

Walk-in evaluations at main office M-Th 9am-3pm
3601 16th Avenue SW, Cedar Rapids, 52404
Naltrexone & vivitrol available for opiate addiction
(319) 390-4611
To find other locations: <http://asac.us/locations/>

Salvation Army Rehabilitation

6 month treatment program for males
Davenport, IA
563-323-2748

Center for Behavioral Health Iowa

Locations in Davenport, Des Moines and Sioux City
Outpatient suboxone/methadone for opiate addiction available
May have to pay out-of-pocket
3811 North Harrison Street
Davenport, Iowa 52806
563-388-8000

Resolutions Behavioral Health Services

Outpatient treatment
2030 Keokuk Street
Iowa City, IA 52240
319-351-9760

Prairie Ridge

Outpatient, residential, and gambling treatment options
320 N Eisenhower Avenue, Mason City, 50402
641-424-2391

Sieda

Outpatient treatment
725 West Second Street, Ottumwa, 52501
641-682-8741

Cedar Valley Recovery Services

Outpatient methadone tx for opiate addiction available
May have to pay out-of-pocket
Cedar Falls 319-277-5808
Marion 319-363-2678

CRC Health

Outpatient methadone tx for opiate addiction
5005 Bowling St. SW., Suite C
Cedar Rapids, Iowa 52404
319-531-3824 or 866-289-0045

The Abbey Center

Outpatient and residential treatment options
1401 Central Avenue, Bettendorf, 52722
563-355-4707

Unity Point Powell Chemical Dependency

Detox, inpatient and outpatient options

700 E. University
Des Moines, IA 50315
515-263-2424

Unity Point New Horizons

Outpatient treatment
1605 Cedar Street
Muscatine, Iowa
563-264-9409

Pathways

Outpatient, residential, and gambling treatment options
Closest location:
3362 University Avenue, Waterloo, 50701
319-235-6571
Other locations at Waverly, Independence, Allison, Fredericksburg

Young House Family Services

Outpatient treatment for adults and adolescents
400 S. Broadway St., Burlington, 52601
319-752-4000

To find other treatment centers in your area <http://facilitylocator.drugfreeinfo.org/>

MENTAL HEALTH CENTERS & GROUPS

NAMI Johnson County

Connection Support Group 2x/week
Meets at R Place Peer Center
220 Lafayette St., Suite 180, Iowa City

Family Support Group each Thursday
Meets at NAMIJC Office
1105 Gilbert Court, Suite 200, Iowa City

Monthly membership meeting 3rd Wednesday each month
Meets at Free Lunch Dining Room
1105 Gilbert Court, Suite 100, Iowa City

Family breakfast meeting 1st Tue. of each month
Meets at MidTown Restaurant II
1069 Highway 1 West, Iowa City

319-337-5400 – Call for questions on any NAMI group

R Place Peer Center

Mental health peer center
Open Monday-Friday 1-5pm
10 E. Benton St., Iowa City
319-354-3455

Springing into ACTion

Acceptance and Commitment (ACT) group, 6 weeks
Call to see when next group will be held, cost is \$50

Virtue Medicine Studio
221 E College Street, Suite 212, Iowa City
319-338-5190

Depression and Anxiety Support Group

Free support group Mondays 6:30-8pm
Must call Foundation 2 Crisis Center to register
1714 Johnson Avenue NW, Cedar Rapids
319-362-2174

Suicide Attempt Survivors Group

Free support group Wednesdays at 8pm
Must call Foundation 2 Crisis Center to register
1714 Johnson Avenue NW, Cedar Rapids
319-362-2174

Suicide Survivors Support Group

For those who have lost someone to suicide
Free group, 1st Thursday of each month 7-8:30pm
Johnson County Crisis Center
1121 Gilbert Court, Iowa City
319-351-2726 ext. 114

Mindfulness Groups

Mindfulness stress reduction & cognitive therapy groups
UIHC, 200 Hawkins Dr., Iowa City
Days and times vary, must register first
319-384-5089

Depression and Bipolar Support Alliance

Scheduled online peer support groups via phone or webcam
Register at [DBAlliance.org](https://www.DBAlliance.org)
800-826-3632

FAMILY SAFETY & SUPPORT

Childhelp

Children, distressed parents needing help, or concerned individuals welcome to call
Calls are confidential. Resources and crisis intervention offered.

<https://www.childhelp.org/hotline/>

1-800-422-4453

United Action For Youth (UAY)

Family counseling & teen parent program
1700 S 1st Ave #14, Iowa City
319-338-7518

Care For Kids

Through Johnson County Public Health
Assistance with finding children medical/dental providers
Transportation assistance to appointments
Free for kids under 21 who receive Medicaid
855 South Dubuque Street, Suite 217, Iowa City
319-356-6045

Child Care Assistance (CCA) Program

Through Johnson County DHS
Must complete application to see if income-eligible
855 S. Dubuque Street, Iowa City
319-356-6050

4C's Community Coordinated Child Care

Provides free, temporary emergency child care
1500 Sycamore St., Iowa City
319-338-7684

Iowa Child Care Resource and Referral

Region 5 office serves several counties including Johnson Co.
Assistance with finding appropriate child care in your area
500 E. 59th Street
Davenport, IA 52807
563-324-3239, contact is Jami

Maternal Health Program

Through Johnson County Public Health
Prenatal screenings, education, and referrals to providers
No cost through Medicaid
855 South Dubuque Street, Suite 217, Iowa City
319-356-6040

Women, Infants and Children (WIC)

Supplemental nutrition program for low-income women
Call to make an appointment at your local clinic
855 South Dubuque Street, Suite 217, Iowa City
319-356-6042

Birthing/parenting classes

Mercy Iowa City, call Mercy On Call 319-358-2767
UIHC Iowa City 319-353-7877
Success From The Start, Iowa City 319-530-1983
Young Parents Network, Cedar Rapids 319-364-8909

The Heritage Agency

Elder abuse prevention and intervention
<http://www.heritageaaa.org/>
319-398-5559

Pathways Adult Day Center

Day center for older adults
817 Pepperwood Lane, Iowa City
319-339-6162

The Senior Center

Serves adults 50+, must register before attending
Groups, fitness, social activities, computer lab etc.
28 S Linn St, Iowa City
319-356-5220

Department of Human Services

Reporting suspected abuse
<http://dhs.iowa.gov/report-abuse-and-fraud>

To report child or dependent adult abuse call 1-800-362-2178
To report nursing home/home health complaints 1-877-686-0027
Iowa City local DHS office:
855 S Dubuque St, Iowa City, 52240
319-356-6050

DOMESTIC VIOLENCE & SEXUAL ABUSE

Rape Victim Advocacy Program

Crisis line, counseling, support groups, legal and medical advocacy
332 S. Linn St., Suite 100
Iowa City, IA 52240
Office: 319-335-6001, 24-hour line: 319-335-6000
Offices also in Mt. Pleasant, Keokuk and Burlington

Iowa Sexual Abuse Hotline

24/7 crisis line
1-800-284-7821

RAINN

National Sexual Assault Hotline
24/7 crisis line: 800-656-4673
Online chat: online.rainn.org

LoveisRespect.Org

Support line and crisis intervention
For dating abuse and maintaining healthy relationships
Texting: text "loveis" to 22522
Hotline: 1-866-331-9474
Online chat: loveisrespect.org

Domestic Violence Intervention Program

Crisis intervention, counseling, support groups, shelter
1105 S Gilbert Ct Suite 300
Iowa City, 52240
Business line: 319-351-1042
24-hour hotline: 800-373-1043

Waypoint Services

Crisis intervention, advocacy, counseling, support groups, shelter services
318 Fifth Street SE
Cedar Rapids, 52401
Business line: 319-365-1458
24-hour line: 319-363-2093 or 800-208-0388

SHELTER AND HOUSING

Shelter House

Check in for beds begins at 6 pm, first come first serve
Try to line up by 5 pm or before if possible
429 Southgate Ave, Iowa City, IA 52240
319-351-0326

Abbe Center Homeless Outreach

Assistance with finding permanent housing
Ethan Novak, Iowa City
319-430-7234
enovak@abbehealth.org

Waypoint Coordinated Entry

Central point of contact for shelters
Call to check for open beds at any shelter in Linn County
319-366-7999

Johnson County Crisis Center

Crisis stabilization beds available for 1-5 day stay
Beds in Iowa City, Dubuque and Cedar Rapids
Call the Mobile Crisis Outreach team
1-855-800-1239

Iowa City Catholic Worker House

Limited beds available, currently undergoing renovations Oct. 2016
Contact is David
515-446-0134

Tenco

Five crisis stabilization beds available for up to 6 wks
Located in Fairfield, only serves Van Buren, Jefferson
Washington, Lee, Des Moines, Henry, Keokuk & Louisa counties
Tenco: 641-472-7601
Intake is done through Hillcrest Family Services:
319-653-6161, contact is Chris

Hope Haven Crisis Stabilization Services

Five crisis stabilization beds available for up to 6 wks
Located in Burlington, only serves Van Buren, Jefferson
Washington, Lee, Des Moines, Henry, Keokuk & Louisa counties
Hope Haven: 319-209-2066
Intake is done through Hillcrest Family Services:
319-653-6161, contact is Chris

Adult Crisis Stabilization Center

Ten crisis stabilization beds, stay averages 1-2 weeks,
Prefer 3-5 day length of stay
1440 West Dunkerton Road, Waterloo, 50703
319-291-2455 extension #1

Hope Wellness Center

Six beds available for 3-5 day crisis stabilization stay
Twelve beds available for transitional living (2-3 months max)
Serves Heart of Iowa and Central Iowa Region counties
706 Cedar Street, Woodward, IA 50276
515-438-2331

FREE FOOD/CLOTHING RESOURCES**Salvation Army Iowa City**

Sunday 9:30-10:30am sack lunch available to pick up

M T Th F open 4-6pm, Wednesdays open 3-5pm
Blankets and clothing vouchers also available
1116 Gilbert Ct., Iowa City
319-337-3725

Free Lunch Program

Mon-Sat. lunch 12-1pm
1105 S. Gilbert Ct. Iowa City

Johnson Co. Crisis Center Food Bank

Can get free groceries 1x/week
Clothing vouchers available on 1st of each month until gone
1121 Gilbert Court Iowa City
319-351-0128

Coralville Community Food Pantry

Can get free groceries 1x/week
1002 5th Street, Coralville
319-351-2446

IC Compassion

Free meal Wednesdays 5-6pm
Food pantry also available
1035 Wade St, Iowa City
319-330-9883

North Liberty Community Pantry

89 North Jones Boulevard, North Liberty
319-626-2711

Mission Of Hope

Free meals Monday-Friday 12-1pm
Food pantry available
Blankets and emergency clothing available
1700 B Ave NE, Cedar Rapids
319-365-1782

Salvation Army Cedar Rapids

Meals served Monday-Friday 8-9am and 12-1pm
1000 C Avenue NW, Cedar Rapids
319-364-9131

Linn Community Food Bank

Free 3 day emergency supply of food provided
A family can visit this food bank up to 12x/year
Lower level of First Presbyterian Church
310 5th St. SE, Cedar Rapids
319-364-3543

Foundation 2

Free food bank-can utilize 1x/month
Free 2-day supply of food
1540 2nd Ave SE, Cedar Rapids
319-362-2174

Loaves and Fishes

Free food bank-can use 1x/week
1251 3rd Ave. SE, Cedar Rapids
319-363-2029

INSURANCE

Hawk-i

Health care coverage for uninsured children (> 19) of working families
An option for kids who were over income for Medicaid
<http://www.hawk-i.org/>
1-800-257-8563

Health Insurance Marketplace

For assistance finding affordable insurance
For those who don't qualify for Medicaid
1-800-318-2596
<https://www.healthcare.gov/>

Iowa Medicaid Managed Care Orgs.

Iowa Medicaid Member Services
1-800-338-8366 or 515-256-4606
Email: IMEMemberservices@dhs.state.ia.us
Or visit your local DHS office

MEDICAL & PRESCRIPTIONS

Free Medical Clinic

State-wide locations <http://www.freeclinicsofiowa.org/>
Free medical, dental, and vision care
Iowa City's Free Medical Clinic
2440 Towncrest Drive
Iowa City, IA, 52240
319-337-4459
Assistance available 1x /year for prescriptions less than \$50

Geriatric and Special Needs Dental Clinic

Through the University of Iowa
For geriatric mobile unit email dentistry-gmu@uiowa.edu
Dental College located at 801 Newton Rd., Iowa City
319-335-7373

Johnson County Crisis Center

1121 Gilbert Court
Iowa City, IA 52240
319-351-0140
Prescription assistance available if have rejection note from Free Medical Clinic

Partnership for Prescription Assistance

Search tool for assistance programs
<https://www.pparx.org>

Rx Assist

Search tool for most affordable prescription dispenser
<http://www.rxassist.org/>

Needy Meds

Prescription discount card and coupons available
Applications for prescription financial assistance available
<http://www.needymeds.org/>
800-503-6897

FINANCIAL ASSISTANCE

Johnson Co. Health and Human Services

General Assistance (GA) available
Financial assistance from rent, utilities, etc.
May qualify for assistance 1x or 3x/year depending on income
855 S Dubuque Street, Suite 202B, Iowa City
319-356-6090

Hawkeye Area Community Action Program (HACAP)

Energy assistance/bill payment for emergencies
Financial literacy and energy counseling also available
Main office located in Hiawatha
319-393-7811, energy assistance: 319-739-0100

Utility Discount Program Iowa City

Discounts for water, sewer, and recycling charges
Must apply first, applications available at:
Revenue Division at 410 E. Washington Street, Iowa City
319-356-5066

Johnson Co. Crisis Center

Can assist with last \$100 of housing or utility bill
1121 Gilbert Court Iowa City
319-351-0128

GOVERNMENT ASSISTANCE

Department of Human Services

Can apply for food stamps, FIP temporary cash assistance, childcare assistance
Iowa City local DHS office:
855 S Dubuque St, Iowa City, 52240
319-356-6050

Social Security Office

Apply for SSI or SSDI (disability) income
1100 6th St. Suite 100
Coralville, IA 52241
1-866-964-2039
Local offices can be found at: <http://www.ssofficelocation.com/>

Iowa City Housing Authority

Housing Choice Voucher/Section 8 and HUD public housing programs
Must apply to see if eligible
Search for HUD housing in your area <http://www.hud.gov/>
410 E. Washington Street, Iowa City
319-356-5400

TRANSPORTATION

Iowa City Public Transit

Fare for 18+ is \$1, bus schedules and maps available
Free for eligible elderly, call to apply
319-356-5151

Elder Services

Transportation to medical appointments for adults of any age
Free service, donations accepted
319-338-0515

Johnson Co. Crisis Center

Free single-ride bus tickets at the Food Bank
Available 1st day of the month until gone
Limit 3 per household per month
1121 Gilbert Court Iowa City
319-351-0128

Johnson Co. SEATS

Must apply to see if eligible
Residents in Johnson Co. outside of IC, Coralville and North Liberty are automatically eligible
Cost of one-way trip is \$2
4810 Melrose Ave, Iowa City
319-339-6128

Linn Co. LIFTS

Transportation for eligible elderly and disabled
Serves Cedar Rapids, Marion and Hiawatha
Cost of one-way trip is \$3
625 31st Ave. SW, Cedar Rapids
319-892-5170

IC Compassion

May assist with gas and bus vouchers
1035 Wade St, Iowa City
319-330-9883

Medicaid Transportation

Individuals with full Medicaid may have transportation benefits
Free transport to/from medical appointments
Call your MCO's member services to see if eligible
Amerihealth Caritas: 1-855-332-2440
Amerigroup: 1-800-600-4441
United Healthcare: 1-800-464-9484

EMPLOYMENT

Iowa Vocational Rehab

Assists eligible individuals with disabilities become employed
Must apply first, there is typically a wait list
Numerous offices across Iowa, find locations at ivrs.iowa.gov
1700 South 1st Avenue, Suite 11A, Iowa City
319-354-4766

Job Corps

No-cost education and vocational training for ages 16-24
Numerous locations in the U.S.
Iowa locations: Denison and Ottumwa

800-733-5627

IowaWORKS

Assists with reaching employment goals
Job search assistance, vocational testing, trainings & workshops
Cedar Rapids location available as well
Eastdale Plaza, 1700 S 1st Avenue, Suite 11B, Iowa City
319-351-1035

People Ready

Formally called Labor Ready
Temp agency to help find work, apply online or in person
www.peopleready.com
1930 S. Gilbert St., Iowa City
319-358-6550

LEGAL

Iowa Legal Aid

Free legal assistance with offices across Iowa
1700 South 1st Ave., Suite 10, Iowa City
1-800-532-1275

IC Compassion

Immigration assistance available
Free legal clinic 2nd Tuesday of each month
1035 Wade St, Iowa City
319-330-9883

Hoefler Law Firm

Assistance with SSDI, VA benefits and workers' comp.
Free clinic for general assistance available
332 S Linn St #300, Iowa City
319-338-5343