

Mercy Neurodiagnostic Sleep Center

500 E. Market Street lowa City, IA 52245

T 319-339-3625 F 319-688-7143

mercyiowacity.org/sleep-center

Medical Director: Ethan Emmons, MD

Sleep Study Consent

Sleep Study

I understand that I will undergo a sleep study test at Mercy Neurodiagnostic Sleep Center in Iowa City. I have been instructed electrodes and monitors will be placed on my body. There may be a brief odor from the liquid adhesive, this will dissipate quickly and fans are available if needed. The tape may cause a discomfort during removal.

During the study, I will be able to get up with assistance for the bathroom. I will be observed on a closed circuit camera throughout the study. There is no significant risk to me from the test. The reason for the test and procedure has been explained to me.

Video and Audio

I understand that during the testing, I will be videotaped and audiotaped to assist in my evaluation. This recording will remain property of Mercy Neurodiagnostic Sleep Center and will not be used without my consent.

PAP Therapy

The use of Positive Airway Pressure (PAP) involves wearing a mask over the nose/mouth which air blows at an adjustable pressure. After falling asleep, the air pressure will be adjusted remotely to the appropriate therapeutic level.

The use of nasal PAP for the treatment of sleep disorders may produce, if any, unwanted effects. These may consist of nasal dryness, or intolerance of air pressure. There are possibilities of more significant complaints such as pneumothorax (accumulation of air in the chest, outside the lungs) and hypotension (low blood pressure), although no serious complications have been reported to date.

If an event develops that indicate future procedures are necessary, I authorize Mercy Neurodiagnostic Sleep Center to use its own judgement and deem it advisable for the patients best interest.

Exception(s):			
	Time	Date	
Signature (Patient or Guardian)			
	Time	Date	
Witness			